



# WorriedAboutMemoryLoss.com

## **NEWS RELEASE**

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### **The Top Ten Warning Signs of Dementia**

Michigan Dementia Coalition -- If you are concerned about a parent's memory loss or similar changes, you are not alone. Memory loss is an increasing concern for the aging population and can signal a genuine medical problem.

“We joke as we get older about the little things we forget.” said Dr. Larry Lawhorne, Director of the Geriatric Education Center of Michigan. “Real dementia can have a very serious underlying disease and that is no laughing matter. It’s important families and caregivers know the warning signs and the related diseases associated with dementia.”

If you or someone you know has any of the following symptoms, you should contact your physician for a complete medical examination. Those warning signs are:

- Recent memory loss that affects job skills
- Difficulty performing familiar tasks
- Difficulty finding the right word when speaking
- Difficulty remembering the date, or feeling lost
- Loss of judgment
- Placing things in unusual places
- Difficulty with abstract thinking
- Changes in mood or behavior
- Changes in personality
- Loss of "get-up-and-go"

The Michigan Dementia Coalition is the coordinator of a statewide public awareness campaign focusing on dementia and memory loss. WorriedAboutMemoryLoss.com is an education campaign showcasing the facts of memory loss and dementia and resources available in Michigan for patients and caregivers.

For more information online connect to [www.WorriedAboutMemoryLoss.com](http://www.WorriedAboutMemoryLoss.com) or call 1-800-272-3900 for services in Michigan. For more information on the Michigan Dementia Coalition contact Micki Horst, Michigan Public Health Institute, at (517) 324-7318.

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\* Dementia is impairment in thinking abilities that persists long enough and is severe enough to interfere with daily functioning.  
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